

LADSE

PARENT ACADEMY

Presenter:
Margarita
Hernandez,
PsyD
from
Pillars
Community

MANAGING ANGER AND FRUSTRATION

RESCHEDULED FROM FEBRUARY 9

Tuesday
April 27, 2010
6:30-8:00pm
at
LADSE Central Office
1301 W. Cossitt
LaGarange

This presentation will provide strategies to help identify our anger and how to cope with both our anger and our children's anger.

Tips and strategies to manage anger effectively will be offered.



Space is limited
Please RSVP to
Julie Pridmore
708.482.1156
or
jpridmore@ladse.org.

*Deadline for
registration is
April 20*

*If you need special accommodations,
please notify Julie at time of registration.*